

# Successfactors Dementia Friendly Initiatives: Mentality

## ZonMw Memorabel project

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## Overview presentation

1. Use of the realist approach in our research for succesfactors

Key message: Succesfactors-mechanisms: what is hidden matters the most

2. Mechanisms that matter most:

A. In performance during dementie friendly initiatives, according to persons with dementia and their caregivers

B. During development and sustainment of dementie friendly initiatives, according to professionals and volunteers

Key message: mechanisms drive change and are human.

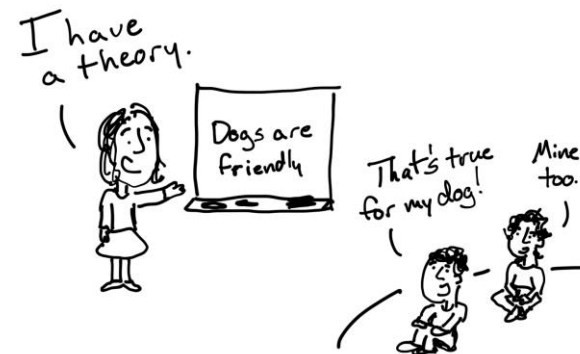
3. Realist evaluation in 4 pilot sites-ambition to develop dementia friendly initiatives:

Key message: Ongoing research is needed for refinement

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# What is Realist Methodology?

- • A theory-driven approach to evaluation and synthesis
- • Used to assess complex evidence the implementation of policy, programmes, services and interventions.
- • Concerned with understanding context in relation to underlying mechanisms of action



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# What does it add?

- Moving from addressing the question of “What works” using for example RCT designs (Nielsen, 2017) to Addresses the questions: “what works, for whom, under what circumstances and how?”
- Theorizes programmes, policies, interventions and services ; especially in complex health/social interventions.
- Asserts that it is not interventions that create change, rather, people create change (Pawson and Tilley 1997)
- Distinguishes programme strategy from mechanisms. (They are related, but not the same)

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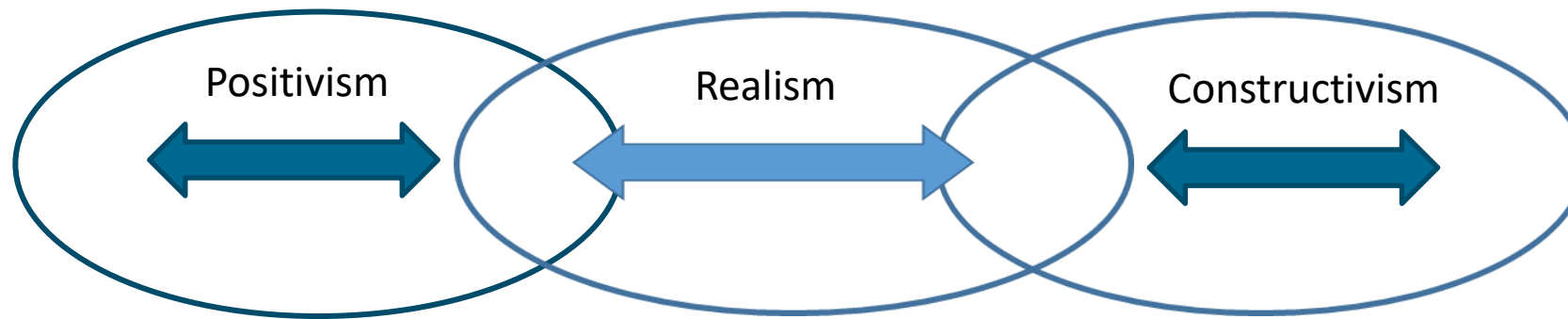
# Realist methodology



Bron afbeeldingen: <https://www.trustedreviews.com/news/deal-firebox-black-box-get-155-of-mystery-gifts-for-just-75-2943259>

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## Paradigms: different ways to look at what is 'real'.



“The world ('reality') is what we see and measure”

“Your world ('reality') is a part of the whole world”

“Your world ('reality') is what you construct it to be”

Inspired by: Sayer, A (2000). Realism and Social Science, Sage: London

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# Understanding ontological depth realism

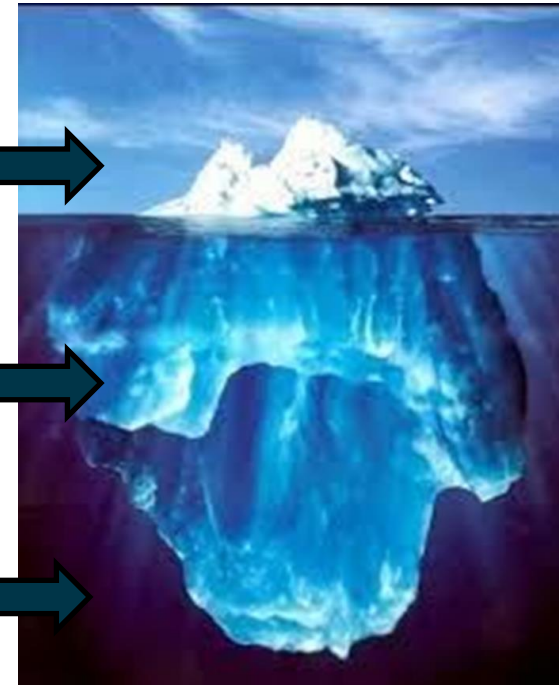
That which is clearly evident and relatively easy(ier) to make an assessment about:



That which is less evident and relatively difficult to measure and make an assessment about:

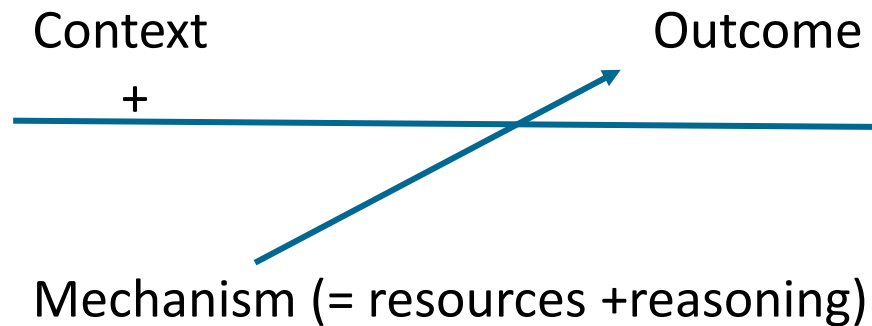


That which is latent (existing in a dormant form; not yet manifest) (until the right context triggers them)

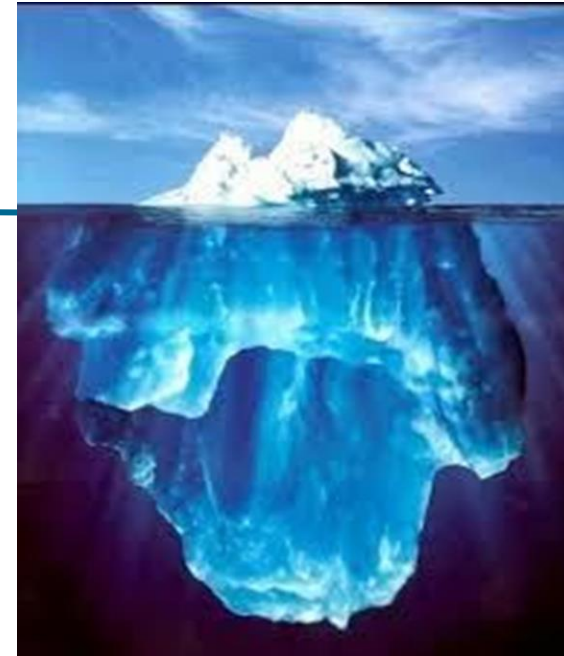


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# Realist Causation: Context-Mecanisms-Outcome configuration



Basic componetents of a realist causal explanation  
Pawson R, & Tilley N. 1997 [2003]. *Realistic Evaluation*. Thousand Oaks, CA: Sage Publications.



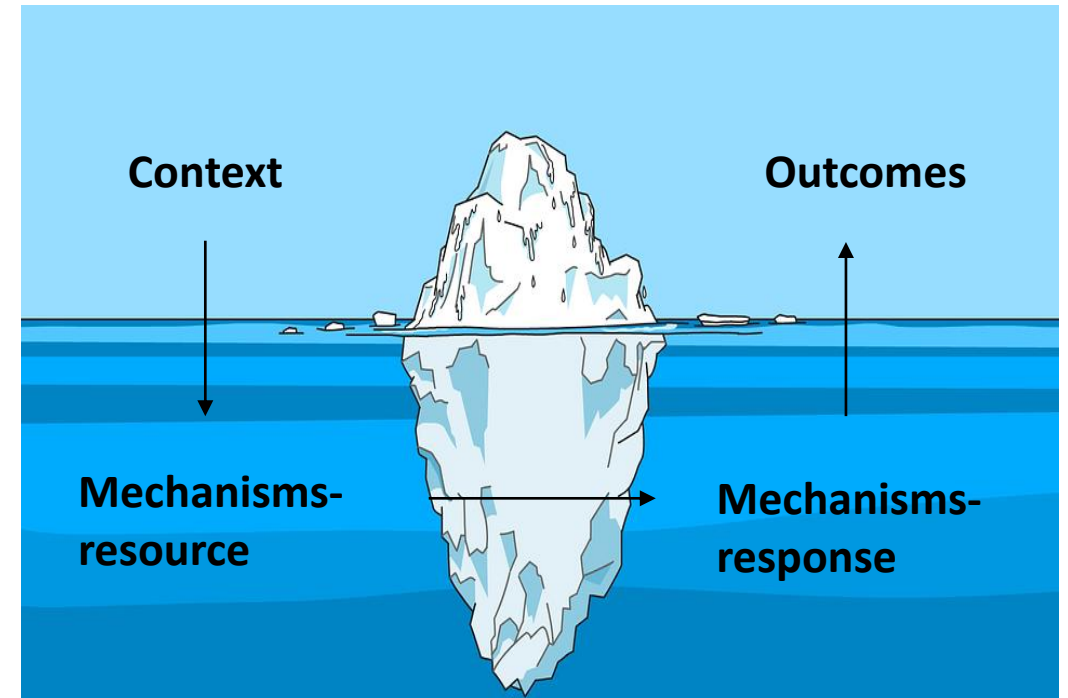


# Use of the realist approach in our research for succesfactors

- Phase A: Rapid realist review
- Phase B: Multiple case study
- Phase C: Realist Evaluation

**Key message:**

**Success factors - mechanisms: what is hidden, matters the most**



Basic components of a realist causal explanation

Pawson R, & Tilley N. 1997 [2003]. *Realistic Evaluation*. Thousand Oaks, CA: Sage Publications

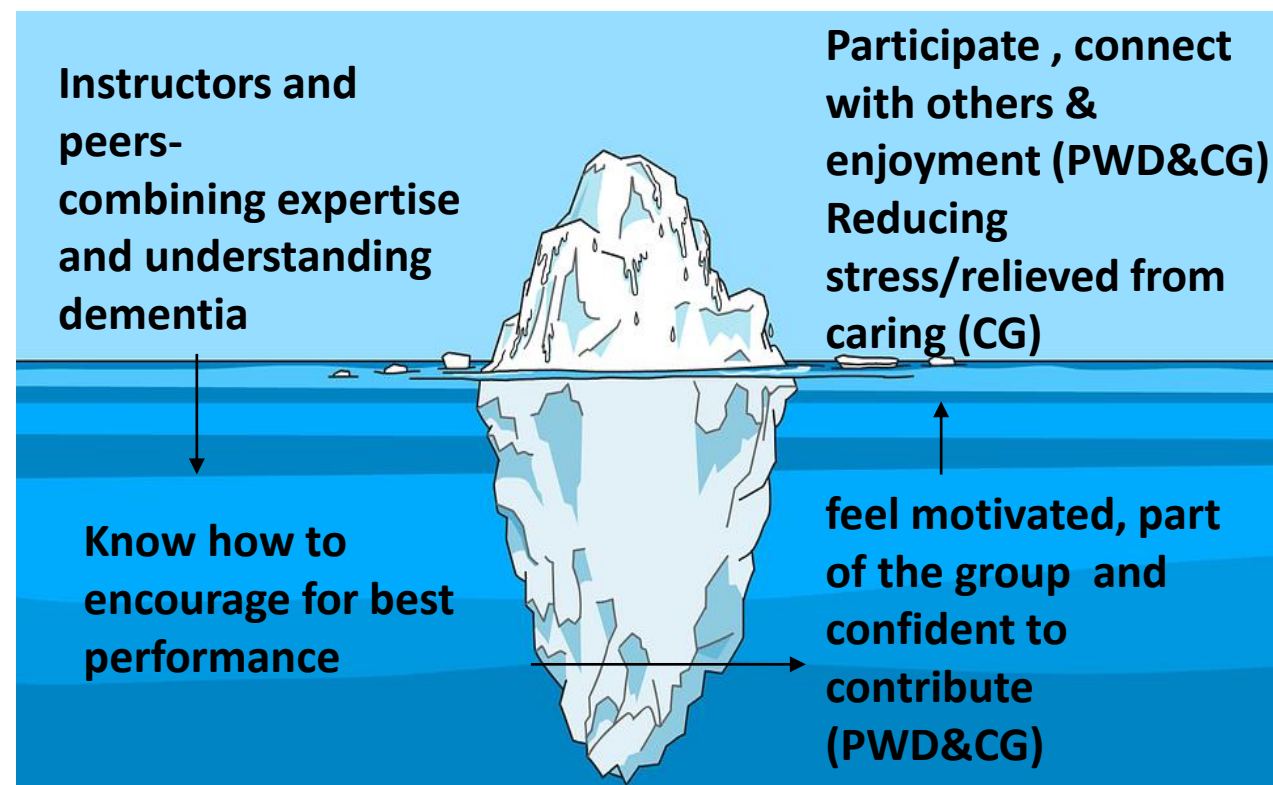
## A: Mechanisms that matter most:

### In performance, according to persons with dementia and their caregivers

- Dementia-specific initiatives
- Dementia-inclusive initiatives
- Community engagement/awareness initiatives, produced with PWD&CG

Key message: mechanisms drive change and are human

#### Dementia- inclusive; choir



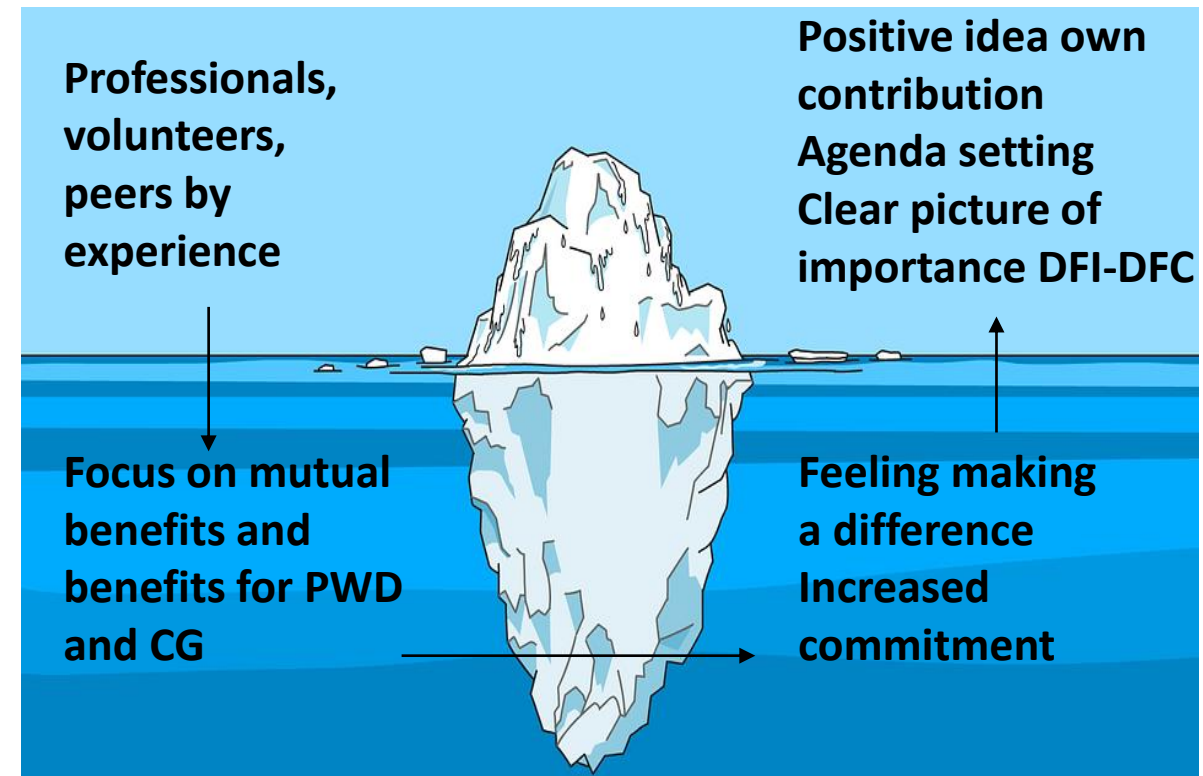
## B: Mechanisms that matter most:

### During development and sustainment, according to professionals and volunteers of 4 best practices

- Creating public support for initiatives
- Interdisciplinary collaboration
- Taking part in dementia friendly initiatives by people with dementia, caregivers and community members

**Key message: mechanisms drive change and are human**

#### Creating public support



# Realist evaluation in 4 pilot sites-ambition to develop dementia friendly initiatives: September 2020-December 2021



**Key message: Ongoing research is needed for refinement of succesfactors**

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# Thank you very much for your attention 😊

please feel invited to contact

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For more information about Mentality: <https://mentality.space/> (.. in Dutch..)